

## JADWAL TRAINING 2015 - PT. INDO TRAINING

No	JENIS DAN NAMA TRAINING	Durasi (Hari)	Harga (Rp)	Jan	Feb	Mar	Apr	May	Jun	Jul	Agt	Sep	Okt	Nop	Des
<b>A</b>	<b>PROGRAM UNGGULAN</b>														
1	Pelatihan dan Sertifikasi Ahli K3 Umum	11	7.600.000		16-27		13-24		15-26		24Agt-4Sep	19-30			7-18
2	HSE Officer Development Program	9	8.000.000	19-28		2-11	27apr-6mei		29jun-8jul			7-16		2-11	
3	Pelatihan dan Sertifikasi Ahli K3 Migas	5	9.800.000			16-20		11-15		6-10		21-25		16-20	
4	Bimbingan Pra POP Pertambangan	4	3.500.000			23-26		18-21		13-16		28sep-1okt		23-26	
5	HR Officer Development Program	4	3.500.000		9-12		6-9		8-11		17-20		5-8		1-4
6	Marketing Officer Development Program	3	2.500.000		2-4	30mar-1apr			1-3		10-12		12-14		14-16
7	Personality Development Program	3	1.600.000			12-15		7-10		9-12		17-20		12-15	
8	Supervisory Development Program	3	2.500.000			27-30		22-25		26-28		2-4		27-30	
<b>B</b>	<b>TRAINING HSE</b>														
1	Basic Safety (Umum)	2	1.500.000		23-24		2-3		22-23		30-31		26-27		14-15
2	Basic Environment	2	1.750.000			9-10		4-5		6-7		14-15		9-10	
3	Auditor SMK3	4	5.000.000		9-12			25-28			18-21			23-26	
4	Confined Space	2	1.500.000			16-17			8-9			21-22			16-17
5	Defensive Driving	2	1.700.000		2-3		6-7		10-11		10-11		28-29		1-2
6	Train of Trainer Level 1	2	1.500.000		25-26			6-7			3-4			23-24	
7	Train of Trainer Level 2 (CBT)	3	2.100.000			18-20			24-26			23-25			21-23
<b>C.</b>	<b>TRAINING MANAGEMENT</b>														
1	Effective Leadership	1	900.000				10				21				5
2	Communication Skill	1	900.000			31				17				1	
3	Problem Solving Decision Making	2	1.500.000		23-24				22-23				26-27		
4	Project Management	3	2.500.000			18-20			1-3			2-4			14-16
<b>D</b>	<b>INTERNATIONAL STANDARD</b>														
1	Lead Auditor OHSAS18001 (IRCA/RABQSA)	5	7.000.000		16-20		13-17		15-19		10-14		19-23		7-11
2	Lead Auditor ISO9001 (IRCA/RABQSA/ANSI)	5	7.000.000			9-13		4-8		27-31		14-18		9-13	
3	Lead Auditor ISO14001 (IRCA/RABQSA/ANSI)	5	7.000.000		23-27		20-24		22-26		24-28		12-16	30nop-4des	
4	Internal Audit	2	1.750.000		9-10		27-28		29-30		4-5		5-6		3-4
5	Pembuatan Dokumen	2	2.000.000			11-12		11-12		13-14		7-8		2-3	
<b>E</b>	<b>ORGANIZATION DEVELOPMENT</b>														
1	Seven Power of Organization	3	3.500.000				29-1				17-19				21-23

Note: Untuk Publik Training, Minimal 3 peserta untuk suatu training dapat dilangsungkan. Utk training2 lainnya yang tidak dicantumkan disini, boleh menentukan jadwal bila sudah ada minimal 3 pendaftar. Untuk inhouse, bisa dinegosiasikan.

**PT. INDO TRAINING**

## DAFTAR HARGA TRAINING

**HSE / K3LL TRAINING**

No	Jenis Training	Durasi (hari)	Harga	Keterangan
1	Basic First Aid	1	700.000	
2	Advanced First Aid	2	2.000.000	
3	Senior Advanced First Aid	2	2.500.000	
4	Basic Fire Fighting	1	1.200.000	
5	Advanced Fire Fighting	2	2.500.000	
6	Basic Safety	2	1.750.000	
7	Behavior Based Safety	2	1.750.000	
8	Work Permit	1	1.000.000	
9	Job Safety Analysis - JSA	1	1.000.000	
10	Confined Space Awateness	1	1.100.000	
11	Confined Space Entry	2	2.000.000	
12	Hydrogen Sulfide Safety - H2S	1	1.000.000	
13	Hazard Identification Risk Assessment - HIRA	1	1.000.000	
14	Self Contained Breathing Apparatus - SCBA	1	1.500.000	
15	Lock Out Tag Out (LOTO)	1	1.000.000	
16	Inspection Technique	1	1.000.000	
17	Ergonomy and Manual Handling	1	1.000.000	
18	Incident Investigation & Cause Tree Analysis	1	1.750.000	
19	Accident Investigation & Cause Tree Analysis	1	1.750.000	
20	Supervisor Safety Management	1	1.750.000	
21	Safety Enviromental Training	1	1.500.000	
22	Safety Leadership Training	1	1.500.000	
23	Occupational Health Awareness	1	1.000.000	
24	Train of Trainer HSE	3	2.000.000	
25	Contractor Safety Management System (CSMS)	2	2.000.000	
26	Chemical Hazards and Handling	2	1.750.000	
27	Pengolahan Limbah B3	2	2.000.000	
28	Hazards Operability Studies (HAZOPS)	3	2.500.000	
29	Electrical Safety	1	1.000.000	
30	Emergency Response Training	2	1.750.000	
31	Industrial Hygiene	1	1.000.000	
32	Marine Safety	1	1.000.000	
33	Safety Riding (Motorcycle Safety Riding)	1	1.000.000	
34	Safety Induction Training	1	1.000.000	
35	Oil Spill Awareness	1	1.200.000	
36	Office Safety	1	1.000.000	
37	Process Safety	2	2.000.000	
38	Regulasi K3 (OHS Law and regulation)	2	2.000.000	
39	Regulasi Lingkungan (Environment Regulation)	2	2.000.000	
40	Defensive Driving Training - Level 1	2	1.750.000	
41	Defensive Driving Training - Level 2	2	2.250.000	
42	Basic Oil and Gas Knowledge	1	1.000.000	
43	Basic Mining Knowledge	1	1.000.000	
44	Basic Manufacture Knowledge	1	1.000.000	
45	HSE Officer Development Program	9+	8.000.000	Indo Training Certification
46	Ahli K3 Umum (Depnaker)	11	7.600.000	Depnaker Certification
47	POP Pertambangan	6	9.800.000	ESDM Certification
48	Ahli K3 Migas	6	9.800.000	Migas Certification

**PT. INDO TRAINING**

## DAFTAR HARGA TRAINING

## MANAGEMENT TRAINING



No	JENIS TRAINING	Durasi (Hari)	Harga (Rp)	Keterangan
1	Basic Management	1	1.000.000	
2	Advance Management	2	1.600.000	
3	Basic Leadership	1	1.000.000	
4	Advance Leadership	2	1.600.000	
5	Basic Communication Skill	1	1.000.000	
6	Advance Communication Skill	2	1.600.000	
7	Basic Human Resources Management	1	1.000.000	
8	Advance Human Resources Management	2	1.600.000	
9	Basic Marketing Management	1	1.000.000	
10	Advance Marketing Management	2	1.600.000	
11	Basic Operations Management	1	1.000.000	
12	Advance Operations Management	2	1.600.000	
13	Basic Project Management	1	1.000.000	
14	Advance Project Management	2	1.600.000	
15	Basic HSE Management	1	1.000.000	
16	Advance HSE Management	2	1.600.000	
17	Basic Logistic Management	1	1.000.000	
18	Advance Logistic Management	2	1.600.000	
19	Basic Self Management	1	1.000.000	
20	Advance Self Management	2	1.600.000	
21	Basic Supervisory Skill	2	1.600.000	
22	Advance Supervisory Skill	3	2.100.000	
23	Effective Manager Skill	2	1.600.000	
24	Effective Employee Skill	2	1.600.000	
25	Job Motivation	1	1.000.000	
26	Selling Skill	1	1.000.000	
27	Marketing Skill	1	1.000.000	
28	Basic Personality Development	1	1.000.000	
29	Advance Personality Development	2	1.600.000	
30	Problem Solving Decision Making	1	1.000.000	
31	Seven Habits of Highli Effective People	2	1.600.000	
32	SWOT Analysis	1	1.000.000	
33	Total Quality Management	2	1.600.000	
34	Managing QA and QC	2	1.600.000	
35	Quality Circle	1	1.000.000	
36	Workplace 5S (5R Tempat Kerja)	2	1.600.000	
37	Teknik Pembuatan SOP dan WI	2	1.600.000	
38	Teknik Brainstorming	1	1.000.000	
39	General English	TBA	TBA	
40	Dasar Dasar Sekretaris	2	1.600.000	
41	Train of Trainers (Umum)	2	1.600.000	
42	Train of Trainers (Management)	3	2.100.000	
43	Sertifikasi Ahli Manajemen SDM	3	2.100.000	Sertifikasi Indo Training
44	Sertifikasi Ahli Manajemen Marketing	3	2.100.000	Sertifikasi Indo Training
45	Sertifikasi Ahli Manajemen Operasional	3	2.100.000	Sertifikasi Indo Training
46	Sertifikasi Ahli Manajemen Logistik	3	2.100.000	Sertifikasi Indo Training
47	Sertifikasi Ahli Manajemen Proyek	3	2.100.000	Sertifikasi Indo Training

# PT. INDO TRAINING

DAFTAR HARGA TRAINING

## ISO/MANAGEMENT SYSTEM TRAINING



No	Jenis Training	Durasi (hari)	Harga (Rp)	Keterangan
1	ISO9001 - QMS Auditor/Lead Auditor	5	7.000.000	ANSI / IRCA / RABQSA Approved
2	ISO14001 - EMS Auditor/Lead Auditor	5	7.000.000	ANSI / IRCA / RABQSA Approved
3	OHSAS18001 - OHSMS Auditor/Lead Auditor	5	7.000.000	ANSI / IRCA / RABQSA Approved
4	ISO9001 - QMS Implementation	5	7.000.000	ANSI / IRCA / RABQSA Approved
5	ISO14001 - EMS Implementation	5	7.000.000	ANSI / IRCA / RABQSA Approved
6	OHSAS18001 - OHSMS Implementation	5	7.000.000	ANSI / IRCA / RABQSA Approved
7	ISO9001 - QMS Internal Audit	2	1.750.000	
8	ISO14001 - EMS Internal Audit	2	1.750.000	
9	OHSAS18001 - OHSMS Internal Audit	2	1.750.000	
10	ISO22000 - Food Safety MS Implementation	3	2.100.000	
11	ISO22000 - Food Safety MS Internal Audit	2	1.750.000	
12	HACCP	2	1.600.000	
13	ISO28000 - Supply Chain MS Implementation	3	2.100.000	
14	ISO28000 - Supply Chain MS Internal Audit	2	1.750.000	
15	ISO9001 - QMS Awareness	1	1.000.000	
16	ISO14001 - EMS Awareness	1	1.000.000	
17	OHSAS18001 - OHSMS Awareness	1	1.000.000	
18	ISO22000 - Food Safety MS Awareness	1	1.000.000	
19	ISO28000 - Supply Chain MS Awareness	1	1.000.000	

# PT. INDO TRAINING

DAFTAR HARGA TRAINING

## HEAVY EQUIPMENT TRAINING

No	Jenis Training	Durasi /hari	Harga	Keterangan
1	Basic Rigging Slinging	2	2.000.000	
2	Basic Scaffolding	2	2.250.000	Pengesahan Disnakersos
3	Advanced Scaffolding	2	2.500.000	Pengesahan Disnakersos
4	Inspector Scaffolding	2	2.750.000	Pengesahan Disnakersos
5	Operator Mobile Crane Training	2	3.000.000	SIO DEPNAKERTRANS R.I
6	Operator Overhead Crane Training	2	3.000.000	SIO DEPNAKERTRANS R.I
7	Operator Forklift Training	2	3.000.000	SIO DEPNAKERTRANS R.I
8	Train of Trainer Heavy Equipment	3	2.000.000	



# CONSULTANCY SERVICES

## IMPLEMENTATION OF ISO 9001 / ISO 14001 / OHSAS 18001

- We provide consultation and guidance to implement ISO 9001:2015, we can audit your vendor/subcon to evaluate their conformance with this management system requirement.
- We will do the same job for ISO 14001 and OHSAS 18001.
- We can provide CSMS documentation, create Quality Manual, Environment Manual, OHS Manual, Standard Operating Procedure and Working Instruction

## SAFETY PERFORMANCE SOLUTION

- Create HSE System (Create documentation, form, program, etc)
- Identify Hazard at your jobsite, assess the risk and giving advice to control the risk.
- Giving advice how to create and handle your organization safety daily activities.
- Research and analyze your safety performance.
- Create safety program to boost safety performance.
- Audit HSE System
- Assessment HSE Performance
- Inspection HSE Facility
- Create Safety Behaviour System.
- Giving Safety Motivation
- Giving Safety Training and Coaching, etc



## MANAGEMENT PERFORMANCE SOLUTION

- Research and Analyze your Management Performance
- Survey Research company image
- Survey and Research Customer Satisfaction
- Survey and Research Employee Satisfaction
- Employee Evaluation and Employee Assessment
- Create Marketing Program, Human Resources Program to boost its performance

## PROVIDE QHSE EMPLOYEES FOR FREE

- Our Training Alumni especially Ak3 Umum and HSE Officer Dev. Program



**FOFA+O**  
Member Federation Of First Aid Training Organisations



**TERDAFTAR PERUSAHAAN JASA K3  
KEMENAKERTRANS RI NO. 96**



Association for  
Talent Development



**TERDAFTAR LEMBAGA PELATIHAN  
KERJA BALIKPAPAN NO. 560**



Authorized Training  
Partner

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#### MENGAPA PELATIHAN SDM:

1. UU. NO.13 TAHUN 2003 TENTANG KETENAGAKERJAAN DAN KEPMENAKER NO.261 TAHUN 2004 MEWAJIBKANNYA.
2. SDM ADALAH MERUPAKAN PENENTU PERFORMA PERUSAHAAN DAN KEMAJUAN PERUSAHAAN. SDM YANG KOMPETEN DAN KREDIBEL BISA DIBENTUK MELALUI PELATIHAN2.
3. DIDALAM ERA PERSAINGAN BEBAS SAAT INI, PERUSAHAAN MEMBUTUHKAN SDM YANG TANGGUH, BAIK DARI SEGI SKILL, K3 DAN WAWASANNYA UNTUK DAPAT BERSAING.

#### MENGAPA INDO TRAINING:

1. INSTRUKTUR YANG TERPILIH DAN BERKUALITAS.
2. MATERI PELATIHAN YANG UP TO DATE DAN BERKUALITAS.
3. MANAJEMEN ORGANISASI YANG BERKUALITAS, DITUNJANG DENGAN PENGAKUAN SISTEM MANAJEMEN MUTU ISO9001.
4. LAYANAN PRA DAN PASCA PELATIHAN.

#### MENGAPA PELATIHAN KESELAMATAN DAN KESEHATAN KERJA:

1. DIWAJIBKAN OLEH UNDANG2 (UU NO.1 THN 1970) DAN PERATURAN2 PEMERINTAH DAN MENTERI.
2. MENCEGAH KECELAKAAN KERJA YANG DAPAT MERUGIKAN PERUSAHAAN DAN TENTUNYA MENGURANGI PROFIT.
3. MENGHARGAI MANUSIA SEUTUHNYA YANG MEMILIKI HAK HAK DASAR YANG DIJAMIN DENGAN UNDANG UNDANG BAIK DAERAH, NASIONAL MAUPUN INTERNASIONAL.

#### MENGAPA PELATIHAN MANAJEMEN:

1. UNTUK MENINGKATKAN KEMAMPUAN MANAJERIAL DAN KEMAMPUAN KERJA SDM, YANG UJUNGNYA AKAN MEMPERTINGGI PERFORMA PERUSAHAAN.
2. MENINGKATKAN MOTIVASI DAN SEMANGAT KERJA.
3. MENGETAHU CARA CARA MELAKUKAN SESUATU DENGAN EFEKTIF, EFISIEN, TEPAT DAN BENAR.

#### MENGAPA SISTEM MANAJEMEN ISO:

1. PERSIAPAN ORGANISASI MENGHADAPI PASA BEBAS REGIONAL DAN DUNIA.
2. PENGAKUAN RESMI YANG DIAKUI SECARA NASIONAL DAN INTERNASIONAL UNTUK BIDANG2 TERTENTU, TERUTAMA BIDANG MUTU, LINGKUNGAN DAN KESELAMATAN DAN KESEHATAN KERJA.
3. MENINGKATKAN BRAND IMAGE PERUSAHAAN DAN MENINGKAT DAYA SAING.

**INGAT TRAINING, INGAT INDO TRAINING**  
**INDO TRAINING, JAGONYA TRAINING**  
**INDO TRAINING, BUKAN SEKEDAR TRAINING**